

Gluten and Dairy Free Menu

Alberto's

STARTERS

SARDINE ALLA GRIGLIA 6.25 **Dairy Free ✓**
Grilled sardines brushed with sea salt & olive oil

AVOCADO CON GAMBERETTI 6.50 **Gluten Free ✓ Dairy Free ✓**
Avocado pear with prawns topped with Marie Rose sauce

PROSCIUTTO CON MELONE 7.25 **Gluten Free ✓ Dairy Free ✓**
Parma ham with melon

CORNETTO DI SALMONE 7.75 **Gluten Free ✓ Dairy Free ✓**
Smoked salmon parcels filled with prawns and topped with Marie Rose sauce

ASPARAGI AL BURRO (v) 6.00 **Gluten Free ✓**
Fresh asparagus with brown butter and Parmesan

MAIN COURSES

POLLO BIANCANEVE 11.25 **Gluten Free version available – please ask your waiter**
Chicken breast in white wine, cream & tarragon sauce

POLLO AL BAROLO 11.25 **Dairy Free ✓ Gluten Free version available – please ask your waiter**
Breast of chicken with red wine, bacon, mushrooms & shallots

VITELLO ALLA CREMA E FUNGHI 12.75 **Gluten Free version available – please ask your waiter**
Veal escalopes in white wine, cream & mushroom sauce

SCALOPPINA ALLA MILANESE 13.25 **Dairy Free ✓**
Veal escalope in breadcrumbs, served with spaghetti Napoletana

SALMONE ALLA AMALFITANA 11.50 **Gluten Free version available – please ask your waiter**
Poached salmon fillet in white wine, cream & tarragon sauce

GAMBERONI ALL'AGLIO 17.75 **Dairy Free ✓ Gluten Free version available – please ask your waiter**
Butterfly king prawns with white wine, lemon juice & garlic. Served with saffron rice

FILLET STEAK PLAIN GRILLED 18.75 **Dairy Free ✓ Gluten Free ✓**

GIRELLO DI AGNELLO 12.75 **Dairy Free ✓ Gluten Free version available – please ask your waiter**
Braised knuckle of lamb

ANATRA ALL'ARANCIA 16.75 **Dairy Free ✓ Gluten Free version available – please ask your waiter**
Half a roast Aylesbury duck with caramelised orange sauce

STROGANOFF DI MANZO 12.50 **Gluten Free version available – please ask your waiter**
Strips of fillet beef with onions, paprika, cream & mushrooms. Served with saffron rice

FEGATO ALLA VENEZIANA 12.75 **Dairy Free ✓ Gluten Free version available – please ask your waiter**
Calf's liver in red wine & onions

**Gluten Free pasta is available with the following sauces:
please ask your waiter**

NAPOLETANA (v) 4.75 8.50 **Dairy Free ✓**
with tomato and basil sauce

ARRABBIATA (v) 4.75 8.50 **Dairy Free ✓**
with spicy chilli, tomato and basil sauce

CARBONARA 5.50 9.25
with cream, egg and pancetta

BOLOGNESE 5.50 9.25 **Dairy Free ✓**
with beef ragu

SIDE DISHES

Patate Fritte & Seasonal Vegetables (per person) 3.25

Gluten Free ✓ – Please ask your waiter for Dairy free

Zucchini Fritti 3.00

Dairy Free ✓

Side Salad 3.00

Dairy Free ✓ Gluten Free ✓